

## **FAQ**

### **How do I enter?**

In order to be entered into the weekly prize drawing you must have made a donation on our fundraising page: hEntry requirements: Donation to [https://donate.namiqn.org/beachfest3k\\_2020](https://donate.namiqn.org/beachfest3k_2020)

### **Will I still be able to maintain social distancing if I participate?**

YES! The NAMIQLI Wellness Step Challenge is done completely from your own home. Your main goal is to be active and you do not have to interact with others.

### **How do I know if my activities were updated?**

[namiqn.walkertracker.org](http://namiqn.walkertracker.org) has a two day lag in updating. Make sure all of your activities are uploaded on Fridays, to incorporate your past 7 days, as we will download the reports and announce the winners on Mondays.

### **How will I know if I am in the lead with donations?**

Our fundraising website is live and has a list of all teams/individual donations.

### **How do I receive my prize?**

You will either receive an email within 48 hours of the announcement of the winner with instructions on what to do next.

### **What if I/my team complete the Jones Beach Challenge before the end day, can I still participate?**

Yes! If you complete the challenge you can still track your steps/activities and be eligible to compete.

## **Rules & Regulations**

These rules apply to all who have entered the NAMIQLI Wellness Step Challenge.

There are 6 phases to the NAMIQLI Wellness Step Challenge.

Each week there will be a different incentive.

**Eligibility & Restrictions:** Everyone who creates a team and donates is eligible to participate in the wellness step challenge. \*One individual can only win one gift through out the whole challenge. Example: If you are the person with the most steps walked two weeks in a row we will chose the individual with the second highest steps for the second week.

**How to enter:** Register on our fundraising application **Entry requirements:** Donation to [https://donate.namiqn.org/beachfest3k\\_2020](https://donate.namiqn.org/beachfest3k_2020) create a team/register as an individual, donate an amount of your choice. Once you're registered there, go to [namiqn.walkertracker.com](http://namiqn.walkertracker.com) register, sync your phone and start moving!

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### **Judging Criteria for fundraising :**

Week 1: Team captain with most donors: \$50.00 Gift Card to Kohls

Week 2: Team captain with the most money raised - \$50.00 Gift Card to Starbucks

Week 3: Team captain with most donors: \$50.00 Gift card to Red Lobster

Week 4: Top individual donor: Gift Card to Bikhram Yoga in Roslyn, NY & Panera Bread Certificate 1 Free salad a month for a full year

Week 5: Team with the most money raised - 3 Gift Cards from local vendors

Week 6: Top Individual Fundraiser - 2 lower level tickets to Billy Joel @ MSG on a mutually agreed upon date in 2020/2021

\*Activities are synced on the [namiqn.walkertracker](http://namiqn.walkertracker.com) app every two days. Prize winners will be drawn on Mondays. Please make sure all of your activities are synced by the end of each week on Friday.

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### **Judging Criteria for steps/miles walked:**

Week 1: Individual with the most steps - \$50.00 Gift Card to CVS Pharmacy

Week 2: Individual with the most steps - \$25.00 Gift Card to Target

Week 3: Individual with the most steps - Panera Bread Certificate 1 Free salad a month for a full year

Week 4: Individual with the most steps - \$25.00 Gift Card Chipotle

Week 5: Individual with the most steps - \$50.00 Gift card Trader Joes

Week 6: First individual to complete the step challenge - Panera Bread Certificate 1 Free salad a month for a full year and a gift card to Paragon Salon in Glen Cove, NY for: Single Process Color, Deep Conditioning Treatment, Hair Cut, Manicure, Pedicure and Makeup!

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