Instructional Program about Mental Health Disorders for Students & Teachers

NAMI Queens/Nassau is a grassroots not-for-profit 501(c)(3) organization, committed to building better lives for those affected by mental illness through support, education and advocacy.

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It features first-hand experience from a person living with a mental health condition. The program stresses recognizing the signs of mental health conditions and suicide warning signs and what to do if a student recognizes this in him/herself or a classmate.

Helpline/Crisis pocket cards and a trusted adult list of professionals for the particular school in which the program is being presented are given to each student. This program is also geared to teachers, staff and parents.

Contact Linda Manzo, LManzo@namiqn.org for more information. Visit www.namiqn.org for the current schedule.