

NAMI Queens/Nassau Volunteer Commitment Form

NAMI Queens/Nassau deeply appreciates your dedication to our organization and its mission. Our affiliate counts on the passion of its Board Members, Office Staff and Volunteers to help end the stigma of Mental Health Disorders. Your commitment to us is another building block in helping us to realize that goal. To get started, it is important that you read and understand the information contained in our Volunteer Handbook. Please know that we consider each Volunteer role in our organization to be of equal importance and critical to the success of our organization. While all Volunteer committee, group and program roles vary (as discussed in the Handbook role descriptions), the qualities and responsibilities listed below are the overall expectations of our volunteers at NAMI Queens/Nassau.

Accordingly, to insure that we preserve the integrity of the NAMI Queens/Nassau Volunteer program, we require that each NAMIQN Program Volunteer sign the following commitment form.

Overall NAMIQN Volunteer Expectations:

- Uphold Confidentiality, Harassment, Substance Abuse and Training Policies (see volunteer manual)
- Be willing to serve a minimum of 2-15 Volunteer hours/month (varies depending on position)
- Complete applicable training.
- Work in a collegial manner with co-facilitators, trainers, designated members of the board and office staff.
- Provide reasonable notice (at least 24 hours) when you cannot keep a commitment.
- Treat all members of the NAMIQN community with respect and understanding.
- Communicate and act empathetically to all members of our community.
- Assists in the preparation of events (depending on position).
- Attend applicable meetings.
- **Most Important;** Have fun and remember why you're volunteering!

By signing this form you acknowledge that you have read the Volunteer Handbook, including the requirements for the position for which you are volunteering and agree to carry out those duties in accordance with the ideals and responsibilities set forth in The NAMI Queens /Nassau Volunteer Handbook.

We trust that you will find your service to be rewarding and we look forward to working with you.

Volunteer

Date

Volunteer Program Coordinator

Date