HITE

Connecting New Yorkers with free and low-cost health and social services



www.hitesite.org

I use HITE on an almost daily basis to find outpatient mental health services for children and adults throughout the boroughs. I've also used it to find services for undocumented immigrants and after-school programs. The site is fantastic and so valuable to my work!

-Maria S., LCSW, NYC Health + Hospitals/Kings County

In order to help our veterans supplement their SNAP benefits, my staff and I use HITE to find food pantries within the local zip codes. We also use HITE to look for rental assistance programs and medical services for our clients. HITE is a tremendously useful resource for staff working in the social services arena.

-Aurelia E., Volunteers of America-Greater New York

The Health Information Tool for Empowerment (HITE) is a searchable online directory of more than 5,000 health and social service organizations and programs located in New York City's five boroughs and on Long Island. HITE lists organizations that provide low- or no-cost services to low-income, uninsured, and underinsured individuals and families. Information in HITE listings is verified directly with program staff and is updated often to maintain accuracy.

HITE is free for anyone to use to find health and social service organizations. HITE users include staff at health care and community-based organizations, community advocates, school nurses and counselors, and other community members. HITE is designed to be helpful in the following areas:

- Benefits assistance
- Care and case management
- Care coordination
- Community advocacy and outreach
- Information and referral
- Patient navigation

In addition to the directory, HITE provides tools for users to find health care and social benefits information, commonly used hotlines, and local groups that address community-specific needs and challenges.

Navigate HITE's Online Directory

HITE lists organizations and programs that provide services in the following categories:



Financial assistance



Food assistance



Health care & medicine



Housing & homeless services



Immigrant support



Mental health & substance use



Social support & services



Youth & family services

Search HITE







To search the site, go to the homepage and enter the name of a specific organization or a general term or service in the search box. You can also browse HITE listings by the programs or services offered by clicking the link below the search box.

Refine your search by entering search criteria, such as a zip code, or a specific service, population, or language.

Click on a resource to view an organization's detailed information, including its location, services provided, hours of operation, intake procedures, languages spoken, and more. HITE's information is printable and easily sent by email.

Create a Favorite's List

myHITE, HITE's personalization feature, allows users to save an unlimited number of commonly searched resources for easy access to information. Users can search within their myHITE list or prioritize favorites when searching all of HITE.

myHITE accounts are free and simple to create.

Schedule a Demonstration

HITE staff provide free on-site or web-based presentations for hospitals, health centers, community-based organizations, public agencies, and provider networks and associations. Presentations include:

- An in-depth review of HITE search tools and features
- Live search demonstration, PowerPoint, or computer lab set-up
- HITE brochures and user guides

Contact HITE

ing the website, to request presentations or materials, or to provide



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